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GOOD

**ROTARY CLUB OF BOMBAY WORLI,  
DISTRICT 3141**



Rtn Francesco Arezzo

Rtn Dr Manish Motwani

Rtn Dr Paula Goel

Rtn Sanjay Dosi

RI PRESIDENT

DISTRICT GOVERNOR

CLUB PRESIDENT

CLUB SECRETARY

**DECEMBER 2025**

**WORLI WHISPERS**

## PRESIDENT SPEAKS

### December - Reflections & Celebrations

Dear Rotarians,

December unfolded as a truly meaningful month—rich in service, reflection, learning, and celebration—beautifully capturing the essence of Rotary.

We set the tone early on 7th December with “Walk with a Doc” at Mahalaxmi Racecourse, joined by Psychologist Siddhika Panjwani. This thoughtful initiative highlighted the importance of mental well-being, preventive care, and open conversations around emotional health—an increasingly relevant need in today’s world.

On 8th December, our visit to Tata Memorial Hospital for cancer donation reaffirmed our solidarity with patients and caregivers, reminding us that compassion and support are as vital as treatment itself.

The spirit of service continued on 12th December with our Blood Donation Drive, a life-saving initiative that reflected Rotary’s core values in action. On 18th December, the 38th AGM & Pre-OCV at Sunville Banquet Hall provided an opportunity to review our journey, celebrate collective achievements, and strengthen our vision for the future.

Festive warmth filled the air on 21st December at the Christmas Party hosted at Rtn. Nimesh Sanghrajka’s terrace, where fellowship, laughter, and gratitude brought us closer as a Rotary family. On 23rd December, service once again took center stage with the Ratna Nidhi Foundation Disability Camp at Palghar, conducted on behalf of RCBW, touching numerous lives by restoring mobility, dignity, and hope.

We concluded the month on a soulful and celebratory note with “Saaz Aur Awaaz” on 27th December, a musical evening by Rtn. Sunil Siraslewala, reminding us that music, art, and culture enrich the soul and strengthen bonds.

December was a perfect blend of purpose and celebration—a time to look back with pride, appreciate our impact, and move forward with renewed commitment. I thank each one of you for your dedication, compassion, and camaraderie that made this month truly special.

As we step into the new year, may we continue to serve with empathy, lead with integrity, and grow stronger together.

**Warm regards,**  
**Rtn Dr Paula Goel**  
**President**  
**Rotary Club of Bombay Worli**



## EDITORIAL SPEAKS

My friends and fellow Rotarians,

December, the final month of the year, has passed, and we now look forward with optimism to the New Year ahead. With this, we also mark the successful completion of the first half of the Rotary year under our current President. It has truly been a productive and rewarding period. I extend my sincere appreciation to all our members for their collective dedication, enthusiasm, and tireless efforts in strengthening and enriching our club activities.

At this juncture, I would like to specially acknowledge the commendable efforts of our Rotary Ann, Meenakshi Singhvi, for her exceptional creativity and dedication in designing the artwork and layout of our bulletin. Her continuous improvement, attention to detail, and willingness to devote extra time ensure that the bulletin is published on schedule and maintains a high standard of quality.

As the year draws to a close, we eagerly await the leadership of the incoming President and his team. We look forward with great anticipation to their vision, plans, and initiatives for the coming Rotary year. Heartiest congratulations to Incoming President Rtn. Sanjay Dosi and Incoming First Lady Kavita Dosi. Let us warmly welcome them and celebrate the New Year with renewed enthusiasm and confidence in the promising future of our club.

**Warm regards,**  
**Rtn. Yeshwant Datay**  
**Editor**



## December - Reflections & Celebrations

As the year draws to a close, December offers a valuable opportunity to pause, reflect, and celebrate the journey we have shared. It is a month filled with gratitude, warmth, and renewed hope. For the Rotary Club, December represents both a time of reflection on the year's accomplishments and a celebration of the collective spirit of service, fellowship, and leadership that defines Rotary.

Throughout the year, the Rotary Club has actively upheld its guiding principle of Service Above Self. A diverse range of initiatives in the areas of community welfare, education, health awareness, environmental sustainability, and social responsibility have created meaningful impact. These programs were made possible through the combined efforts of Rotary members, dedicated faculty, and enthusiastic student volunteers. Each project, whether large or small, reflected Rotary's commitment to addressing community needs with compassion and purpose.

One of the highlights of the year has been the strong involvement of students in Rotary-led activities. Their enthusiasm, innovative ideas, and willingness to serve have brought fresh energy to many initiatives. Guided by faculty mentors and supported by Rotary members, students have gained valuable experiences in leadership, teamwork, and civic responsibility. This collaboration has not only strengthened service outcomes but has also helped nurture socially responsible future leaders who embody Rotary values.

December also brings the joy of celebration and fellowship. Festive gatherings, fellowship meetings, and cultural events provide moments to reconnect, share experiences, and strengthen bonds among Rotary members. These occasions remind us that beyond achievements and projects, it is the relationships we build and the values we share that give true meaning to our work. Fellowship remains the foundation that unites us and sustains our motivation throughout the year.

As we conclude another productive and fulfilling year, the Rotary Club extends sincere appreciation to all members who contributed their time, skills, and dedication. Your commitment has been instrumental in transforming ideas into impactful action. May this festive season bring peace, happiness, and renewed inspiration to everyone.

As we step into the new year, let us carry forward the lessons learned, strengthen our partnerships, and continue serving with optimism, unity, and purpose. Together, may we strive to create lasting change and uphold the Rotary spirit in every endeavor.

**Meenakshi Singhvi**  
**Creative, Designing Support Team**  
**(Worli Whispers)**



## Loktak Lake - The Floating Wonder of India

Nestled in the heart of Manipur, Loktak Lake is one of India's most extraordinary natural treasures. Known as the only floating lake in the world, it is famous for its unique phumdis—masses of vegetation, soil, and organic matter that drift gracefully across its surface. These floating islands create a surreal, almost magical landscape, making Loktak a place of rare ecological beauty.

At the center of the lake lies Keibul Lamjao National Park, the world's only floating national park and home to the endangered Sangai deer, or the dancing deer of Manipur. Once on the brink of extinction, this graceful species symbolizes resilience and conservation, turning Loktak into both a scenic wonder and a vital biodiversity sanctuary. The lake is also home to diverse fish, bird species, and aquatic plants, underscoring its ecological significance.

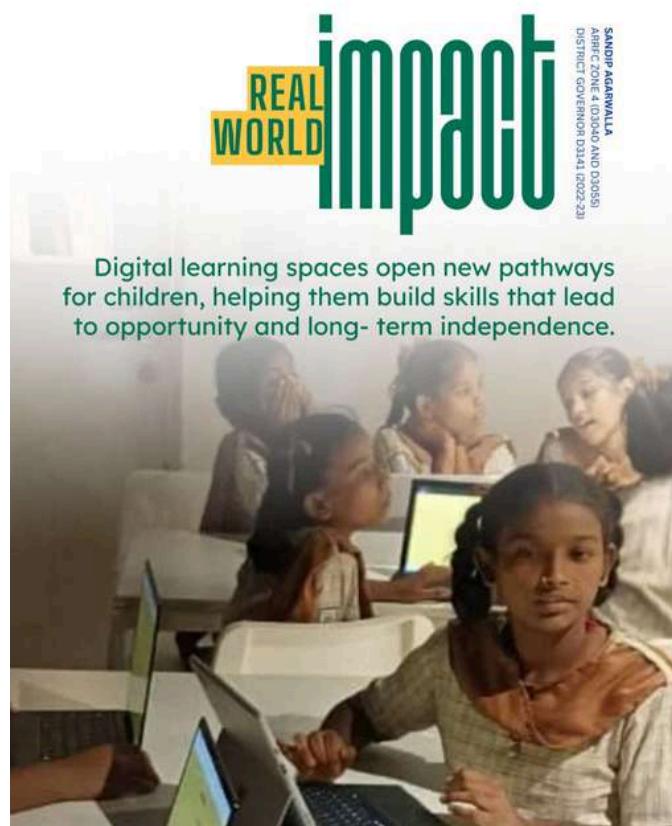


Life around the lake is equally captivating. Local communities live in harmony with the ecosystem, relying on the lake for fishing, agriculture, and daily sustenance. Traditional fishing huts, or phumshangs, built on the phumdis, appear to float weightlessly on the water, reflecting a unique way of life shaped by nature.

Visitors are drawn to Loktak not only for its unusual landscape but also for its serenity. A boat ride across the lake feels like gliding over a living world, where water, land, and life merge seamlessly. Sunrise over the floating islands paints the sky in soft hues, enhancing the lake's dreamlike charm.

However, Loktak faces challenges such as pollution and human pressure, making conservation and sustainable management vital. Loktak Lake stands as a shining example of nature's artistry—a floating marvel that inspires awe, supports life, and reminds us of the delicate balance that sustains our ecosystems.

## ROTARY TRAVELS



Digital learning spaces open new pathways for children, helping them build skills that lead to opportunity and long-term independence.

### Real World Impact: Digital Access, Equal Futures

The creation of IT Labs and Learning Centres gives children in rural India what many of their peers in privileged schools take for granted, access to technology, digital learning and the skills needed to navigate a changing world.

Through these labs we enhance digital access for students who would otherwise be left behind, opening pathways to confidence, opportunity and long-term independence. By giving children, the tools to learn, explore and participate fully we are changing their world and helping them step into the future on equal footing.

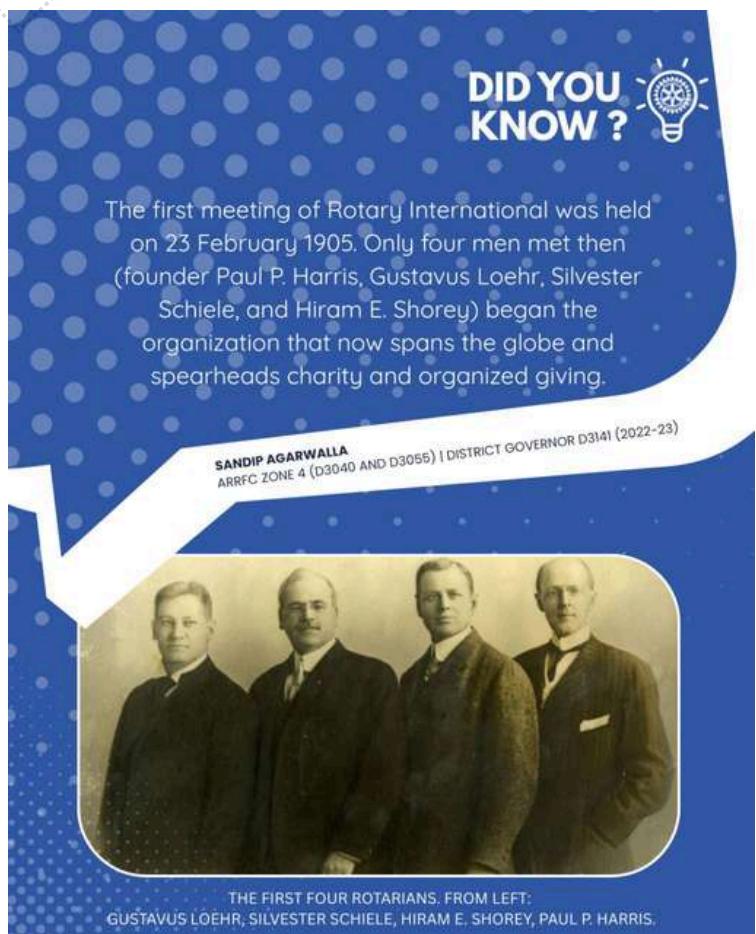
#Rotary #RotaryInternational #TheRotaryFoundation  
#PeopleOfAction #RotaryImpact #ServiceAboveSelf  
#EducationForAll #DigitalAccess #YouthEmpowerment  
#CommunityDevelopment #RotaryFocusAreas

It is inspiring to look back at how Rotary began, not with a large organisation or global mandate, but with four individuals who believed in fellowship and shared purpose.

On 23 February 1905 Paul Harris, Gustavus Loehr, Silvester Schiele and Hiram Shorey met for a simple idea, one that would eventually evolve into a worldwide network of service.

From that small gathering grew a movement that now spans continents, responds to humanitarian needs, builds peace, and strengthens communities everywhere. It is a reminder that transformative change often starts with a conversation and a commitment to act together for the common good.

#Rotarian #charity #servicetothers  
#RID3141 #Rotary #RotaryInternational  
#UniteForGood



THE FIRST FOUR ROTARIANS, FROM LEFT:  
GUSTAVUS LOEHR, SILVESTER SCHIELE, HIRAM E. SHOREY, PAUL P. HARRIS.

## 7<sup>TH</sup> December Walk with DOC

How a Clinical Psychologist Can Help You

By Dr. Siddika Panjwani

A clinical psychologist helps individuals understand and manage emotional, behavioral, and mental health challenges. Through confidential and non-judgmental support, they help people cope with stress, anxiety, relationship issues, and life difficulties.



Therapy also promotes self-awareness, healthy coping skills, and emotional well-being, empowering individuals to lead more balanced and fulfilling lives.

## 12th December Blood Donation Camp



The NSS students of Podar College displayed commendable dedication and team spirit during today's collection drive. A total of 80 bottles were collected through their collective efforts. Their hard work and active participation significantly contributed to the success of the initiative.

Well done to all the volunteers! 🌟👍

## 18<sup>th</sup> December AGM & Pre OCV



The AGM and Pre-OCV sessions provided a meaningful platform to reflect on our journey, review key milestones, and celebrate collective achievements. These discussions encouraged open dialogue, strengthened alignment, and reinforced our shared vision for the future. By recognizing our progress and learning from past experiences, we renewed our commitment to collaboration, transparency, and sustainable growth as we move forward together with clarity, confidence, and purpose.

## 21st Christmas Party

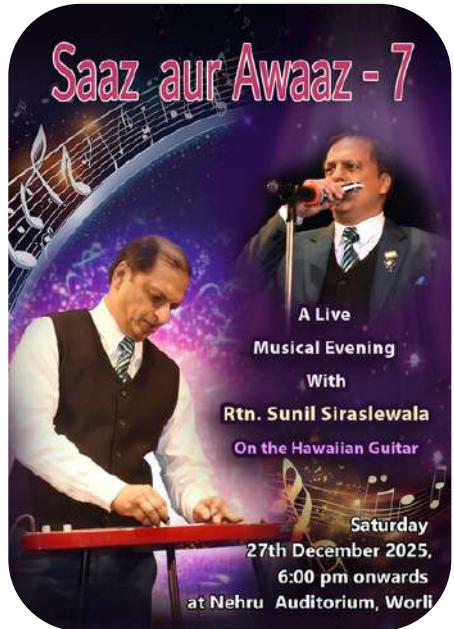
The RCBW Club celebrated Christmas with joy, warmth, and festive cheer in a truly delightful gathering. The venue came alive with laughter, and the spirit of togetherness as members shared moments of happiness and camaraderie. Cheerful music added to the celebration,



creating a lively and welcoming atmosphere. The exchange of greetings and smiles reflected the true essence of Christmas—love, kindness, and sharing. The celebration concluded with delicious food and heartfelt conversations, leaving everyone with cherished memories and reinforcing the strong bonds that make the RCBW Club a close-knit and vibrant family.



### 27<sup>th</sup> December SAAZ AUR AWAAZ



We concluded the month on a soulful and celebratory note with “Saaz Aur Awaaz” on 27th December, a mesmerizing musical evening by Rtn. Sunil Siraslewala. The program was a truly beautiful and memorable experience, featuring an excellent selection of songs performed with grace and passion that captivated the audience. It highlighted the power of music, art, and culture to uplift spirits and bring people together. The warm, harmonious atmosphere strengthened bonds, while the thoughtfully arranged food added to the charm of the evening. Nishka’s outstanding performance earned well-deserved appreciation, making it a delightful celebration of music, joy, and togetherness.



### 23rd December Disability Camp at Palghar



Ratnanidhi Foundation, on behalf of RCBW, in association with Rotary Club of Palghar, conducted a Disability Camp at Palghar on 23rd December 2025, from 9.30 a.m. to 3.00 p.m. The camp aimed to serve the community by providing essential support and assistance to persons with disabilities. Members were encouraged to attend and actively participate in this meaningful initiative. Heartfelt thanks to Rajiv for his dedicated efforts in organizing and conducting such impactful community service projects.

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District 3141



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## **ROTARY CLUB OF BOMBAY WORLI**

**Fayth Clinic - SHIV SHAKTI CHS. A WING, 1<sup>ST</sup> FLOOR, AGAR BAZAR, PRABHADEVI,  
MUMBAI 400025**

Namaste!

Happy New Year

### **CLUB CALENDAR FOR THE MONTH OF JANUARY 2026**

<b>Date / Day</b>	<b>Programme</b>	<b>Venue / Time</b>
4th January, 2026 Sunday	Walk with Doc - Speaker Dr. D. Mujumdar Neurosurgeon (Epilepsy surgeon).	Time : 7:00 am Venue : Mahalaxmi Racecourse.
8th January, 2026 Thursday	OCV & Club Assembly	Time : 6:00 pm Venue : Sunville Banquet Hall, Worli.
15th January, 2026 Thursday	Speaker Meeting - Dishita Muliye Topic : The art of staying emotionally young.	Time : 6:30 pm Venue : Sunville Banquet Hall, Worli.
25th January, 2026 Sunday	Musical fund raiser for cancer donation, Conceptualized by Rtn Deepak Patkar	Venue : Veer Sawarkar Hall, Shivaji Park.
27th January, 2026 Tuesday	Cancer Donation	Venue at Tata Memorial Hospital

### **PROJECTS FOR THE MONTH OF JANUARY 2026**

1. Cancer patients Donation Rs.1,00,000/-.
2. Ongoing distribution of Grains to children of Adhar Tirth Ashram.
3. Roha milk and Kellogg distribution.
4. Ongoing malnutrition project at Adhar Tirth Ashram.
5. Taloja project nourishment provided by Decimal Foundation.

President. Rtn. Dr. Paula Goel

Club Secretary: Rtn. Sanjay Dosi